Medi-Cal Covers Dental During Pregnancy

Because it is safe, important and recommended to see the dentist while pregnant.

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MEDI-CAL HAS DENTAL COVERED

You're Pregnant!

This is an exciting and busy time. You have so much to think about, but don't forget about your oral health!

You're Pregnant!

Your body goes through many changes during pregnancy. These changes can affect the health of your teeth and gums.

You're Pregnant!

It is safe to see your dentist at any time during your pregnancy.

When you see your dentist, be sure they know that you are pregnant and how far along you are.

Covered Dental Services

As a Medi-Cal member, these dental services are covered throughout your pregnancy and 12 months after the birth of your baby:

- Exams*
- X-rays
- Teeth cleaning
- Fluoride varnish
- Fillings
- Tooth removal

- Emergency services
- Root canals
- Crowns**
- Partial and full dentures
- Denture relines
- Scaling and root planing

*Every six months for members under the age of 21, every 12 months for members over the age of 21.
More exams allowed when medically necessary.
**Crowns on molars or premolars (back teeth) may be covered in some cases.

Common Dental Concerns During Pregnancy

Hormonal changes during your pregnancy can lead to swollen and red gums that may bleed when you brush or floss; this is called gingivitis. If untreated, gingivitis can lead to gum disease.

Common Dental Concerns During Pregnancy

Morning sickness – You might experience morning sickness that causes vomiting.

Vomiting exposes your teeth to stomach acids. Stomach acids can harm your tooth enamel. Enamel is the hard, outer layer of your teeth that protects them from decay.

Keeping your teeth and gums healthy is one of the most important things you can do to keep you and your baby healthy. Lower your risk for oral health problems by:
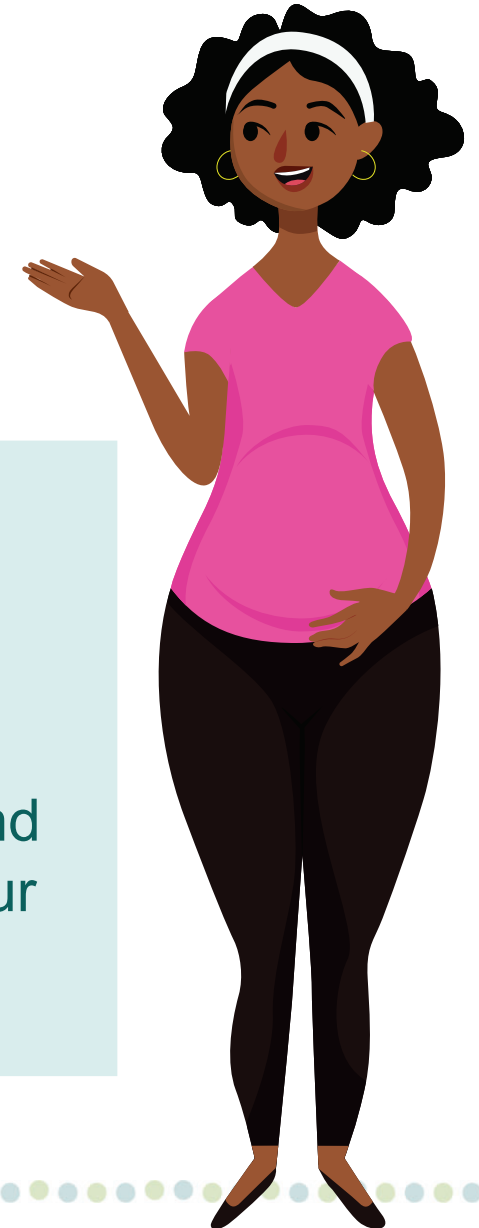
Brushing your teeth for two minutes two times a day and flossing daily.

Eating a balanced diet. Limit sugary food and drinks.

Scheduling a dental appointment for a cleaning and exam before your baby is born.

Healthy Habits for Your Baby

Healthy Habits for Your Baby

Healthy gums make way for healthy teeth!

Baby teeth are important to your child's health and development. They help him or her chew, speak and smile.

Healthy Habits for Your Baby

Practicing good daily oral hygiene is important even before your baby's teeth appear.

Keep your baby's gums healthy by gently wiping them with a washcloth every day.

Healthy Habits for Your Baby

Your child's first dental visit should take place after their first tooth appears, but no later than their first birthday.

Remember, children can develop cavities at any age.

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Thank you!

Visit **SmileCalifornia.org** for additional resources and to find a Medi-Cal dentist near you.