

## Medi-Cal Has Dental Covered

Regular dental visits keep your gums and teeth strong and give your dentist a chance to learn about your overall health. The Medi-Cal Dental Program provides the following free or low-cost services for adults:

- Dental exams (every 12 months)
- X-rays
- Teeth cleaning (every 12 months)
- Scaling and root planing
- Fluoride varnish (every 12 months)
- Fillings
- Crowns
- Root canals
- Partial and full dentures
- Denture relines
- Tooth removal
- Emergency services
- Sedation (if medically necessary)

**Medi-Cal Dental covers dental check-ups twice a year for members up to age 21 (sometimes more) and once a year for members 21 and over.**



**For members  
up to age 21**



**For members  
21 and over**

To find a Medi-Cal dentist near you, visit **SmileCalifornia.org** or call the Telephone Service Center at **(800) 322-6384**.



**Medi-Cal Dental**



# Don't Wait Until it Hurts to See the Dentist





Hey, Carlos, did the visit to the dentist help with your pain?

Hi, Michael. Yeah, feeling better now, but since I hadn't been in so long, I wasn't ready for what my dentist said...

**EARLIER AT THE DENTIST**



Carlos, there are a few cavities we need to take care of.



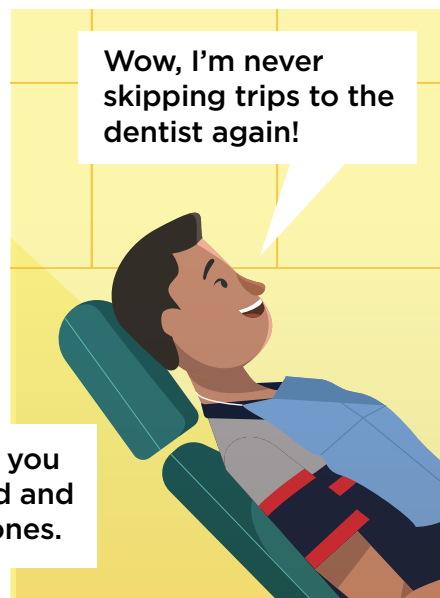
Cavities?! But, I try to brush my teeth when I can.

That's good, but at-home dental care isn't enough.



Regular visits to your Medi-Cal dentist play a big part in catching problems early and learning about your overall health.

Let's schedule a few visits so you can get those cavities treated and learn how to prevent future ones.



Wow, I'm never skipping trips to the dentist again!



Seems like I still have some brushing up to do on my dental care, but I'm glad I took the first step today.

Us too! We're here to help with your fresh start to better oral health.

And remember, regular visits to the dentist help keep your check-ups short and simple.

**PRESENT TIME**



What a story! But I know how you feel.

I once learned the hard way that it's never a good idea to wait until it hurts to see the dentist.



You and me both!



For sure! I already scheduled visits for the whole family this year.

We also have to be good role models for our kids so they don't make the same mistakes.