

Sally Goes to the Dentist

Read the story, then answer the questions below.

On Monday, Sally went to the dentist for a check-up. She visits the dentist two times a year.

Sally recently went back to the dentist for sealants.

A sealant is a liquid painted on the top of back teeth. They only take a few minutes to apply and do not hurt. The dentist tells Sally that sealants help fight cavities!

The dentist tells Sally that taking good care of her teeth is very important. Clean teeth are healthy and strong teeth! The dentist is happy to hear that Sally is brushing her teeth for two minutes two times every day and flosses every day too! The dentist reminds Sally that choosing healthy foods help her have a healthy mouth too. The dentist also reminds Sally to limit sweet and sticky foods and drinks.

The dentist gives Sally a high-five for taking care of her teeth! Sally will see the dentist again in 6 months!



Follow-up Questions:

1. What is a sealant? _____

2. How many times a day does Sally brush her teeth? _____
3. What else does the dentist remind Sally she can do to keep her teeth healthy and strong? _____
4. How many times a year does Sally go to the dentist?
