

# Medi-Cal Covers Dental Care for Seniors



## A Healthy Smile Never Gets Old

Healthy teeth and gums are an important part of our overall health. As we age, however, changes in our body increase our risk for developing dental conditions like cavities and gum disease. Practicing these good oral health habits can help keep you and your smile healthy:



Brush your teeth twice a day and floss daily.



If you have dentures, clean them daily with cleaners made for dentures. Remember to brush your gums with a soft toothbrush.



Eat a healthy, well-balanced diet.



See the dentist for a check-up once a year.



As a Medi-Cal member, your benefits include dental coverage at little or no cost to you. Adult dental benefits were restored for members with full-scope dental coverage in 2018. You are covered for these common services:

- Dental exams (every 12 months)
- Teeth cleaning (every 12 months)
- Scaling and root planning
- Fluoride varnish (every 12 months)
- X-rays
- Fillings
- Crowns
- Root canals
- Partial and full dentures
- Denture relines
- Tooth removal
- Emergency services

Go to **SmileCalifornia.org** and click the “Find a Dentist” button to find a dentist near you.



Text **SMILECA** to **31996** to receive healthy dental tips from *Smile, California!*

**SmileCalifornia.org**