

Transcript “Medi-Cal Covers Dental During Pregnancy” – English (YouTube)

<https://youtu.be/4PKtaLh0kfw>

DURATION: 2 MINUTES, 42 SECONDS

[Charming upbeat music. Pregnant mom character.]

Hi again! Did you know that going to the dentist while you’re pregnant is not only safe but also strongly recommended for you and your baby?

Today I had an interesting conversation with some friends about that very same topic...

[Flashback to a park. The mom talks with a group of other pregnant before a fitness class.]

Hi ladies! Sorry I was late to class today. I was coming from my dental appointment.

Mom 2:

Oh, I didn’t realize you could see the dentist while you’re pregnant.

Class Leader:

Absolutely! When I found out I was pregnant with my first born, my doctor told me to make a dental appointment because keeping my mouth healthy is important for a healthy pregnancy! In fact, you should probably see the dentist while it’s still comfortable to sit in that chair. But seriously, your gums and teeth need extra special attention when you’re expecting. Many women develop gingivitis during pregnancy and, if left untreated, it can lead to gum disease. Visiting your dentist regularly will help reduce your risk for developing gum disease and other dental problems common during pregnancy.

Mom 3:

You know... my gums do feel tender when I brush.

Mom 4:

I’ve been wanting to go to the dentist too... but I don’t think I have dental insurance.

Mom 1:

Well, you might qualify for Medi-Cal. As a Medi-Cal member, you have dental coverage throughout your pregnancy and 12 months after the birth of your baby.

[Text on screen: Medi-Cal Benefits. Dental Benefit.]

Mom 1:

I learned all about this when I was pregnant with Oscar.

Finding a dental home with Medi-Cal is easy. Here, let me show you. Just visit SmileCalifornia.org and click the “Find a Dentist” button.

[A mobile phone shows the Smile, CA website. The website shows a “services” drop-down menu and lists “pregnancy”.]

And check this out. There’s also information on what you’re covered for during your pregnancy, and why it’s an important time to see the dentist.

[A dental office with Mom 3 in an exam chair next to a dentist.]

Dentist: I'm glad you came in! I can see that your gums are red and swollen. I bet they're feeling sensitive too. Today we'll be doing a cleaning. And we'll keep an eye on your gums during the rest of your pregnancy. Remember, regular dental check-ups help reduce dental problems that you might experience during pregnancy. But it's also important to brush and floss regularly and eat a balanced diet. Now, you are eating and brushing for two!

Mom 3: What should I do if my gums start to feel worse?

Dentist: If your gums start to feel worse, call me right away, okay?

Mom 3: Sure thing. Thanks, Doctor Rivas.

[Mom 3 is back at class in the park.]

Mom 1: So how'd your appointment go?

Mom 3: It went great! The dentist had some great advice for me.

Mom 3: You know, I'm so glad you told me about SmileCalifornia.org and the dental coverage Medi-Cal offers.

Mom 1: Well, oral health is just as important as your physical health. And the earlier you start healthy habits for your baby, the better.

Class Leader: Alright ladies, it's great to see you all. Let's get started with today's class!

Mom 1: So remember, if you're expecting, expect to see the dentist. It's perfectly safe and it's good for you!

Visit SmileCalifornia.org to learn more about the importance of seeing the dentist during your pregnancy, and to find a dentist. Schedule your appointment today because pregnant moms need dental care too!

[Smile, CA logo. Find a dentist. SmileCalifornia.org]

End of Transcript