How to Find and Pay for Dental Care

Smile, your Medi-Cal benefits include dental coverage!

The Medi-Cal program offers many benefits to members including covered dental services.

How do I apply for Medi-Cal?

You do not need to apply separately for dental coverage. It is already a part of the Medi-Cal program.

How do I find a dentist that accepts Medi-Cal?

Visit **SmileCalifornia.org** to find a dentist that accepts Medi-Cal near you or call 1-800-322-6384.

How do I pay for dental care?

As a Medi-Cal member, your benefits include dental coverage at little or no cost to you!

You are covered for these services:

- Dental exams (every 12 months)
- Teeth cleaning (every 12 months)
- Scaling and root planing
- Fluoride varnish (every 12 months)
- X-rays
- Fillings
- Crowns
- Root canals
- Partial and full dentures
- Denture relines
- Tooth removal
- Emergency services

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MEDI-CAL HAS DENTAL COVERED

Visit **SmileCalifornia.org** or call **1-800-322-6384** for more information about how to find a Medi-Cal Dentist near you.

The call is free. Medi Cal Dental representatives are available to assist you from 8:00 a.m. to 5:00 p.m., Monday through Friday.

For information on how to apply for Medi-Cal, please visit **www.CoveredCA.com** or you can call **1-800-300-1506.**

SmileCalifornia.org
1-800-322-6384

Medi-Cal Dental

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A Healthy Smile Never Gets Old!

The **Medi-Cal program provides dental coverage for seniors.**

Aging and Dental Health

As we age we are more prone to developing oral health problems. Here are some common dental problems you may face as you age.

1 Tooth Decay

Tooth decay is the destruction of your tooth enamel, the hard outer layer of your teeth. It may cause cavities or even tooth loss.

2 Gum Disease

Gum disease is an infection of the gum tissue that supports the teeth.

3 Tooth Loss

Tooth loss is a process in which one or more teeth come loose and fall out. Gum disease is one of the leading causes of tooth loss.

4 Receding Gums

Receding gums is when your gums pull back from the tooth surface, exposing the root surfaces of your teeth. This leaves the teeth at risk of decay, infection, and loss.

Don't Miss Your Dental Visit

Regular dental visits are important to prevent problems. Dentists check for oral health problems, some that might not even be noticeable.

Check-ups can help find cavities, gum disease, and other problems before they lead to more serious issues like pain, infection and tooth loss.

Dental visits are covered for Medi-Cal members. Find a dentist accepting new patients at **SmileCalifornia.org.**

Here are a few more important tips:

- Brush your teeth at least twice a day with fluoride toothpaste.
- Floss your teeth at least once a day.
- Limit sugary snacks and drinks, which can lead to cavities.
- Limit alcohol intake and avoid all forms of tobacco use which can lead to stained teeth, bad breath, and can cause cancer.
- Use your Medi-Cal dental benefit and see your dentist yearly.

Does your smile need a ride to the dentist?

To get transportation to your next dental appointment, call the Telephone Service Center phone line at **1-800-322-6384**.